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femMED Supplements For Women {Rafflecopter Giveaway}

february 3, 2013 · 6 comments

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50 Review

I took a trip to my local health food store a few weeks ago to pick up a few nutritional supplements and found myself completely overwhelmed by the bottles and jars slapped with ambiguous labels. I consider myself pretty savvy and after inspecting, reading and scrutinizing the information on some of those products I couldn't tell you what the products did, what their side effects were or what was in them. NO thanks. Then I found femMED a line of doctor-recommended herbal supplements made just for women, and yes, it's created by a mother of three!

Shawna Page realized that there was a gap in the market for proper nutrition for women, and decided to follow her passion for natural health to fill this massive void. Along with a dedicated medical team, she developed femMED, the solution to women's most common health concerns. The line now contains 13 high quality formulations, which are free of artificial colors, flavors, sweeteners, preservatives fillers, additives, dairy and eggs.

I was Blessed to receive a bottle of Hair, Skin & Nails & Energy femMED Supplements for Review.



My twin sister was always a nail-biter. When she turned about 16 or so she became very self-conscious about her nails and decided to drink gelatin-infused water 3-4 times daily. I can't remember if it helped but I do remember her gagging on every glassful of those drinks. Ewww. femMED has a much better solution for anyone looking to improve the quality of their brittle nails, dull skin and thin hair. A poor diet can often contribute to damaged hair, weak nails and lack-luster skin. Hair, Skin & Nails contains ingredients not typically found in a multivitamin that are specific to hair, skin and nail health such as amino acids, the antioxidant alpha lipoic acid, and silicon. Also featured in this completely vegetarian, easy to swallow capsule are a variety of vitamins and minerals that are vital to healthy skin, hair and nails.

Do you suffer from dry skin (like me), bothersome breakouts or skin irritation? Is your hair losing the volume it once had as you age? Is the weather sucking moisture and hydration from you nails and cuticles? Then give Hair, Skin & Nails a try! I've added two capsules to my daily vitamin regimen and although it's only been about a week, I'm noticing a big improvement in my nails, which had become very dry and brittle.



The last six months have completely zapped my energy. I'm usually a very exuberant person with energy to spare but the illnesses I had really sucked the life out of me. You've got to eat right, get enough sleep and get some fresh air every day. That's first and foremost. Popping a pill is not an excuse for eating junk, partying until dawn and being a couch potato. But if you are eating you're fruits and veggies, getting 6-8 hours of sleep at night and getting some activity and still guzzling cup after cup of coffee in search of that elusive energy rush then I think you're going to like femMED Energy.

Energy provides a boost of energy without the jittery effects that coffee and energy drinks cause. I usually drink one cup of caffeinated coffee in the morning then switch to decaf coffee or tea. If I drink more than one cup of coffee I get shaky and can really feel the effects. Energy contains 1980 mg of caffeine, which has been developed to release energy in a gradual and

sustained manner. I don't feel nervous, hyper or jittery when I take it.* Energy gives me a boost of physical energy, improves my mental clarity and helps counteract stress.

The nice thing about Energy is I don't have to take it every day. I only take it when I need a boost. Just two capsules in the morning carries me through until late afternoon. There's no "crash and burn" like I receive with some energy drinks. And it's not loaded with calories! femMED Energy is free from dairy, egg, gluten, yeast, artificial colors, flavors, sweeteners and preservatives. And Energy is suitable for vegetarians and vegans.

Please stop by femMED and check out all their products. They're made with the highest quality of vitamins, minerals and herbs to help you take control of your health.

CONNECT WITH femMED ON THESE SOCIAL MEDIA

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The generous folks at femMED are going to Bless TWO Leslie Loves Veggies Reader with (1) One full size bottle of Hair, Skin & Nails and (1) One full size bottle of Energy. (\$59.90 Value) Thank you so much!

HERE'S HOW TO WIN...

Please use Rafflecopter form for ALL entries. Blog comments unfortunately will not be counted.

Rafflecopter form showing 2409 total entries, 0/62 entries earned, and a list of prizes including bottles of Hair, Skin & Nails and Energy.

Easy Peasy Right! For full list of rules please click HERE. Giveaway will end on Thursday 2/21 at Midnight. Giveaway open to U.S. & Canadian entries only. Winners are contacted by email and posted HERE. Winners have 48 hours to confirm before a new Winner is chosen.

No Purchase Necessary. Void where prohibited by law. Many thanks to femMED who provided a product or sample for this Review & Giveaway. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255: "Guides Concerning the Use of Endorsements and Testimonials in Advertising." This Giveaway is brought to you by femMED and is not sponsored, endorsed or administered by, or associated with Facebook. Good Luck!

*Do not use this product if you are pregnant, breastfeeding, or if you have stomach ulcers, high blood pressure, bipolar disorder or bipolar spectrum disorder. Do not take Energy in combination with other stimulatory agents, including ephedra, or with products containing caffeine (e.g., coffee, cola, etc.). Discontinue use and consult a health care practitioner if you develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice), irritability, insomnia, increased irregular heart rate and rhythm or if symptoms persist or worsen. Consult a health care practitioner prior to use if you have any type of acute infection, kidney disorder, iron deficiency, or stomach inflammation, if you are taking anti-depressant medication or if you are taking hormone replacement therapy (HRT) or birth control pills.

Filed under: giveaway, rafflecopter · Tagged with: nutritional supplement, supplements

My Hair Loss Stopped

naturalwellbeing.com/hair-growth

I found this \$39 herbal hair growth formula. My hair loss has stopped.



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Comments

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Bonnie says:

February 4, 2013 at 2:42 am

I would love to try LIBIDO.

Reply

2

Trish says:

February 4, 2013 at 2:31 pm

I would love to try Bone Health and Hormonal Balance.

Reply

3

Victoria Ess says:

February 4, 2013 at 2:31 pm

I want to try Hair, Skin and Nails!!

Reply

4

sandra davis says:

February 4, 2013 at 4:04 pm

hair skin & nails

Reply

5

Sylvia Zajis says:

February 4, 2013 at 5:06 pm

I want to try the Libido.

Reply

6

Enizete Lane says:

February 5, 2013 at 5:16 am

I could use some Libido & Energy boost.

Reply

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If you would like me to do a review or giveaway, I'd love to share your product with my readers. All family friendly pitches welcome. PR Friendly

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GIVEAWAYS

Ends 2/05 at Midnight - RE+BODY Green Coffee Bean Extract Cheews with Svetol Prize Pkg - US

Ends 2/10 at Midnight - KIND Nuts & Spices bars CUBE - US

Ends 2/15 at Midnight - it Tastes RAAW Juice Prize Package - Continental US

Ends 2/17 at Midnight - Pure + Remedy Skin Care - US

Ends 2/18 at Midnight - Jing Ai Sierra Glow Duo and Kabuki Brush - US

Ends 2/18 at Midnight - Mrs. Fields Classic Heart Cookie Sampler Tin - US

Ends 2/21 at Midnight - femMED Supplements For Women - US & Canada

Ends 2/21 at Midnight - Florsheim Kids Shoes \$60 Gift Card - US & Canada

Ends 2/23 at Midnight - Guylian Artisanal Belgian Chocolates - US

Alexa widget showing Site Info: Rank: 127,815, Links in: 791, 100% positive grade.

