



Tales of a Ranting Ginger

Family friendly Canadian Review/Giveaway blog. Also posting family fun and discounts. PR friendly



About Me



GINGERMOMMY

Canadian SAHM saving the family budget one coupon at a time. I enjoy movies, reading, music and camping. Always up for an adventure. I love entering contests and collecting coupons. I enjoy trying new products and sharing my findings with my friends. If you have a product you would like to have reviewed, or are interested in sponsoring a giveaway contact me for more information.

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Review and Giveaway femMED

I have never loved my hair, nails and skin more than I did when I was pregnant. My skin looked great, my hair shiny and long and my nails were longer and stronger than ever. I am not sure if it was because I was eating right and taking care of myself or the vitamins and hormones combined. Either way I loved the way they looked, if you can not tell I am one of those people who likes to be pregnant.



When femMED sent me two bottles of capsules I got really excited. One is for Energy which I can really use more of and the other for Hair, Skin and nails. I have been taking the Hair, Skin and Nails daily with food for over two weeks and my nails feel stronger and have not been breaking.. Not sure about anything else but it is still too early to be certain. The capsules are quite big and I am not a fan of swallowing them. But a girl has got to do what a girl has to do, right? I have not taken any of the Energy ones yet as I do not like starting too many new things at once.

HAIR SKIN & NAILS

Help with the Care of the Rescued Macaw

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Current Giveaways

Blog Giveaways

Wholly Guacamole Prize Packs 4 winners Sept 26
<http://tinyurl.com/3o2r4lq>

RateSupermarket.ca Win a \$50 Starbucks GC (CAN) Sept 28
<http://tinyurl.com/6533mx4>

femMED (Canada only)