



## The Buy: FemMED Libido vitamins

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It's springtime, and the cats, dogs and teenagers may be humpin' a go-go, but you'd rather curl up with the latest episode of Brothers and Sisters than go another round with your ever-hopeful hubby. "It's a recession" You tell yourself. "I'm just feeling stressed." And in what's no secret to anyone who has ever met a man, lady mojo is more affected by stress, not to mention physiological, hormonal, and relationship issues. Stress causes the release of hormones like adrenaline and cortisol that exhaust the adrenal glands and alter levels of sex hormones estrogen and testosterone.

So how to fix it? Of course there's no magic bullet — Viagra is simple, women are hard — but FemMED, a women's-only natural vitamin line, has launched a targeted supplement called Libido, which helps enhance sexual desire and response with body-supporting ingredients like L-arginine, and improve lubrication with Gingko Biloba and secret herb Tribulus Terrestris.

\$29.95 at major drugstores or at [www.femmed.com](http://www.femmed.com).

—Leah Rumack

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