

Get hot and bothered.
Only if you really
want to.



"It's time to do something about those night sweats, hot flashes and mood swings. femMED's comprehensive formula for menopause relief combines Black Cohosh plus the highest quality blend of 8 proven natural ingredients to uniquely address the most common symptoms of menopause. Get hot and bothered on your own terms."

— Shawna Page, CEO

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femMED[™]
Women's wisdom. Doctor recommended.



WomanWISE

femMED CEO Shawna Page answers some frequently asked questions about Menopause.

What product would you recommend for someone with symptoms of menopause and a concern about bone loss and osteoporosis? I am leery of mixing many supplements together.

Menopause Relief helps to alleviate the most common symptoms of menopause such as hot flashes, night sweats and mood swings. *Hormonal Balance* helps with additional symptoms; repairs damaged hormone receptor sites and flushes artificial hormones from the body. *Menopause Relief* and *Hormonal Balance* work well in harmony and can be taken together if you are experiencing severe menopause symptoms that have not been sufficiently reduced by using *Menopause Relief* on its own. All femMED products are designed to work synergistically. If you are concerned about osteoporosis, you can add *Bone Health* and safely take it with other femMED supplements.

femMED's line of 100 percent natural doctor formulated solutions are exclusively designed to address the health needs of women at every stage of life. Products are delivered in vegetable capsules which contain no animal by-products, and all ingredients are backed up by extensive research and clinical studies. femMED solutions contains no fillers, artificial flavours, colours, sweeteners or preservatives. This information is not meant to replace the advice given to you by your physician but rather to empower you to take responsibility for your own health and to consider natural solutions to women's common health concerns.

Have a question for our team of specialists? Send them to: womenswisdom@femmed.com

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