

get the goods.  
on all goods green.

lucky to be **YOU!** every month 1 of our eco-tribe is automatically drawn to WIN! **ecoperks** \* click here


 EcoSearch


### Ms Dr. Feel-Good

Got a bit of the mid - (or lack of) - summer blahs happening? Gearing up for the September rush? ...We feel you. Gone are the days where we can in good conscience reach for a red-bull or rely on starbucks for a boost. So for all you super-ladies out there, doin' it all, (upwardly mobile or hero-mom), we've found a solution you can feel good about (and that feels good too).

*Energy* is an all natural, planet (and vegan) friendly female formulated nutritional solution by homegrown Canadian brand **femMED**. FemMED Energy enhances mental performance with guarana, ginseng and yerba mate, (mad energy-givers) and provides increased capacity to exercise... (so you can power through those last 15 minutes of cardio)

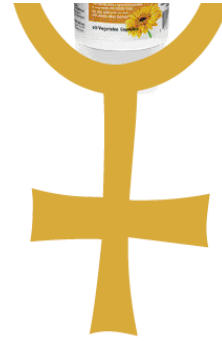


Women are passionate, and when we're doing what we love, we make the sacrifice... (admirable creatures that we are), sleeping 3 hour nights up for the gym first thing (btw thanks femMED Energy for that boost during those 5am workouts). Then onto another full day of walking the ambitious path... realistically - that's a lot of stress we're putting on our bodies. Supplementing our diets and striving to live a healthier lifestyle is key to the well rounded successful life. Lets be honest, its a rare (and blissful) moment when we have the luxury to grab that full 8 - and femMED gives us the gentle holistic herbal kick in the pants we need while we're busy tackling the day to-dos (and still feeling hot). It's eco-energizing at its finest.

FemMED's user-friendly, back to basics, plant-smart approach to wellness fits perfectly into our (notenoughhoursinthe) days. We love that their line is scientifically tailored to compliment both our body's natural chemistry as well as our own personal health-sense. Developed for our specific feminine needs by Canadian entrepreneur



Shawna Page (in an effort to simplify things for us, thank you Shawna ☺..no more confused treks through the vitamin aisle) to meet our distinctively feminine dynamics... femMED hones in on every important health concern facing women and touts being the first ever consumer friendly all-natural solution created solely for the ladies.













Multi-Tasking Vitamins for the Multi-Tasking Queen.

From weight management to pregnancy to sleep to libido... femMED has you covered. Check out their newest launch femMED *Hair Skin and Nails* formulation... Loaded with nutrients and antioxidants, this specifically formulated supplement helps repair and improve damage done to hair, skin and nails from any number of summer (and other) sources. Awesome for repairing all the damage done by swimming, patio sunning, and overall outdoor summer fun. Every health junkie (or clever-chick) should add this to her après-summer beauty artillery. Check out their full compliment at: [www.femmed.com](http://www.femmed.com)



**ecoCARE Articles in Previous Issues**

-  **Consonant™ Body Takes Luxury to a New Level.**
-  **Here Comes the Sun**
-  **The Traditional Approach to Modern Science**
-  **From the Inside Out**
-  **Roots Shows its “Eco-Scentsitive” Side**
-  **Globally Conscious Self Indulgence**
-  **Fitness With a Conscience**
-  **If You Think You're Too Small to Make a Difference...**
-  **In The Buff**
-  **Science Meets Nature - It's a Beautiful Thing**